



WOMB TO WORLD



Walsall Antenatal Programme

Supporting you throughout your journey into parenthood and beyond

Walsall **Womb to World** Antenatal Programme is delivered virtually on Microsoft Teams - four sessions over four weeks each month. Sessions are delivered by health care practitioners who will be supporting you throughout your pregnancy and beyond into parenthood, from the Maternity Service, Health in Pregnancy Service and Infant Feeding Service.

- Session 1: Getting to know your unborn baby
- Session 2: Labour and birth
- Session 3: Infant feeding
- Session 4: Postnatal care and bonding

To join us please contact:

- The Midwife Led Unit to book your place: 01922 605 420
- Health Visiting Service: 01922 603 074
- Infant Feeding Service: 01922 605 248
- Health in Pregnancy Service: 01922 423 252

