

Common Toileting Problems in School Aged Children – Workshop

“Every child is different - they learn to walk and talk at different times, and to be clean and dry at different times. You know your child best so don't feel that you have to start potty training just because other people are!” Eric's Guide to Potty Training: April 2020

The School Nursing Service offer free toileting workshops to support and provide advice to parents and carers of children aged 4-19 years.

This workshop explores:

- What is toilet training and the management
- How much wee a bladder can hold
- Advice and support around constipation and daytime wetting
- Routines • Toileting patterns

This workshop is delivered virtually via Microsoft Teams.

To book on a session, you can call our Single Point of Access on **01922 423349**.

We want to keep these sessions safe and open only to parents/carers of children attending a Walsall school. When you call, we will ask you a few details so that we can verify your child's details. Once you have booked a workshop, we will then send you an email invite to join that session nearer the time. Your email will be hidden from other parents.

Do you need advice and support about other health issues?

We have resources to help you:

- Health for Teen Website for teenagers: www.healthforteens.co.uk
- Health for Kids Website for children: www.healthforkids.co.uk
- School Nursing Service Webpages: www.walsallhealthcare.nhs.uk/our-services/school-nursing
- ChatHealth – text messaging service to contact a School Nurse for advice
 - Teen ChatHealth - **07480 635363**
 - Parent ChatHealth - **07520 634909**

